Biosecurity Checklist

by Show Jumper, Gaby Reutter*

Here are the tried-and-true biosecurity steps I take before shows to proactively care for my horses' health and well-being. Download this list to save it on your phone (and share it with your barn friends)!

☑ Vaccinate against the five potentially fatal core equine diseases

My veterinarian recommends <u>Core EQ Innovator</u> to help cover these five diseases in a single injection

- □ Tetanus□ Eastern equine encephalomyelitis (EEE)□ West Nile virus (WNV)□ Western equine encephalomyelitis (WEE)
- Rabies

☑ Vaccinate against risk-based equine diseases

*Required vaccines for shows; my veterinarian recommends Fluvac Innovator® EHV-4/1

- Potomac horse fever

- Strangles
- Leptospirosis
- Botulism

Prepare for FEI and USEF competitions

Make sure to schedule an appointment with your veterinarian to get a health certificate for your horse and complete all documentation needed for the events you plan to attend within the required timeframe

- ☐ Provide proof of a negative <u>Coggins test</u> within the last year
- ☐ For FEI events:
 - Complete the pre-arrival self-certification form before travels
 - Ensure your horse's FEI passport is up to date
 - Check your horse's temperature twice a day, three days prior to arrival at the show (as well as during the event)
- ☐ For USEF events:
 - Check that your horse's <u>proof of vaccination form</u> is ready prior to travel

■ Monitor temperature and screen for potential infection

- ☐ Take your horse's temperature upon arrival at an event, twice daily during an event and at departure
- Ask your veterinarian to run a Serum Amyloid A (SAA) stall–side test prior to leaving for the show and after getting home

SAA is a biomarker of infection and has been shown to be 30x more sensitive than a thermometer at detecting subclinical infection¹

My veterinarian uses the Stablelab® EQ-1 Handheld Reader

Ongoing preventative steps

- ☐ Reminder to avoid sharing tack, cleaning or grooming equipment
- ☐ Ensure manure is removed and the stall is cleaned and disinfected prior to unloading your horse
- ☐ Minimize nose-to-nose contact
- ☐ Isolate your horse for two to three weeks when returning from an event and monitor for any signs of infectious disease
- ☐ Communicate with your veterinarian if your horse shows any signs of infectious disease or if other horses at the event were reported as having a fever or are otherwise sick

*Paid partnership with professional show jumper, Gaby Reutter

1. Oertly M, Gerber V, Anhold H, et al. The accuracy of serum amyloid A in determining early inflammation in horses following long-distance transportation by air. Swiss Institute of Equine Medicine. 2019. Accessed May 13, 2024.